HOUSEHOLD EMERGENCY PLAN

Everything your household needs to know in an emergency, on paper, in one place.

▶ Read the guide: Your Home Evacuation Plan →

■ Type in it or write on it ■ Print it and keep it with your kit



"When the power goes, your phone will be flat, the Wi-Fi will be off, and somebody will ask where the stopcock is. This is the answer, on paper. Fill it in once, go through it with everyone in the house, and check it every six months. I keep one copy in my kit and one on the fridge. Obviously."

— Calm Clarissa, UK Prepper Hub

WHO LIVES HERE

Everyone in the house, including anyone who stays regularly. If help comes to the door, this is what they'll want to know.

NAME	DATE OF BIRTH	MOBILE	MEDICAL NEEDS AND ALLERGIES

UTILITIES AND SHUT-OFFS

Find each one now, in daylight, and make sure everyone over 12 knows where they are and how they work.

Stopcock (turns the water off): often under the kitchen sink or where the pipe comes in

Gas meter and shut-off lever:

Fuse box (consumer unit):

Electricity supplier and account number:

Gas supplier and account number:

Water company and account number:

Boiler make and model, and our heating engineer:

Priority Services Register: who is on it, and with which supplier: free extra help in a power cut or water cut, ask your suppliers

Printed copy? Scan for a fresh copy and all of Clarissa's free checklists.

IMPORTANT NUMBERS

Write them down now. In a power cut your phone might be flat, and you can't look anything up.

WHO	NUMBER	NOTES
Emergency services Police, fire, ambulance, coastguard	999 or 112	
NHS 111 Urgent medical help that isn't an emergency	111	
Police non-emergency	101	
Power cut Free from any phone. England, Scotland and Wales	105	
Gas emergency Northern Ireland: 0800 002 001	0800 111 999	
Floodline Flood warnings for your area	0345 988 1188	
Water company Leaks, no water, boil water notices		
Electricity supplier		
Gas supplier		
GP surgery		
Pharmacy		
Dentist		
Vet		
School or nursery		
Work		
Family		
Family		
Neighbour		
Neighbour		
Out-of-area contact Lives away, so everyone checks in with one person		

INSURANCE AND DOCUMENTS

If you have to claim after a flood or a fire, these are the first numbers you'll need.

POLICY	COMPANY	POLICY NUMBER	CLAIM LINE
Buildings			
Contents			
Car			
Breakdown cover			
Pet			
Life or health			

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WHERE WE KEEP THINGS

Copies of passports, licences and other documents:

Our emergency kit:

Grab bags:

Torches and spare batteries:

First aid kit:

Spare keys (and who else has a set):

MEDICATION

> *One row per medicine. Order repeat prescriptions early if a storm is forecast.*

WHO	MEDICINE	DOSE AND WHEN	NEEDS THE FRIDGE?

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IF WE'RE APART, OR HAVE TO LEAVE

> *Talk this through with everyone in the house, children included. It takes ten minutes.*

If we're separated, we meet at (near home):

If we can't get there, we meet at (further away):

Everyone checks in with (our out-of-area contact):

If we're told to leave home, we go to:

If we can't go there, we go to:

Who collects the children:

Who we check on: older or vulnerable family and neighbours

Anyone who needs help to leave, and who helps them:

PETS

NAME	TYPE	MICROCHIP NUMBER	FOOD AND MEDICATION

PET PLAN

If we have to leave, the pets go to:

Carriers and leads are kept:

EVERY SIX MONTHS

- [ ] Check every number on this plan still works
- [ ] Test smoke and carbon monoxide alarms
- [ ] Charge power banks and check torch batteries
- [ ] Check dates on stored water, food and medicines
- [ ] Go through the plan with everyone in the house
- [ ] Print a fresh copy for the fridge and the kit

Printed copy? Scan for a fresh copy and all of Clarissa's free checklists.



Prepared, Not Panicked

A checklist tells you what. The book tells you why, how, and in what order, which is where most people come unstuck. 261 full-colour pages for £4.99, as a PDF. I approve, and I don't approve of much.

See the book →

My Other Checklists

This plan tells everyone what to do. These tell you what to have. Scan to download, all free.

Government Emergency Kit Checklist
The official Be Ready list, ticked off

Power Cut Checklist
Light, power, warmth and food when the lights go out

Water Checklist
From 3 days to a two-week supply

Grab Bag Checklist
If you're told to leave home in a hurry

Storm Checklist
Before, during and after a named storm

Hygiene Checklist
When the water goes off or the toilet won't flush

Get Home Bag Checklist
Getting home from work when transport stops

Winter Car Checklist
Checks and kit before the first freeze

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