

Power and Lighting Checklist (Chapter 5)

Lighting:

- ☐ 2+ torches per person ([LED, hand-held](#))
- ☐ 2+ [head torches](#) (hands-free, essential for practical tasks)
- ☐ 1 [wind-up torch](#) (backup when batteries exhausted)
- ☐ [40+ AA batteries](#)
- ☐ [40+ AAA batteries](#)
- ☐ [20+ tea lights](#)
- ☐ [2–3 pillar candles](#)
- ☐ [Matches \(waterproof\)](#) and [lighters](#)
- ☐ [Candle holders](#) (stable, fire-safe)

Portable Power:

- ☐ [2+ power banks](#) (10,000mAh minimum per person)
- ☐ [1 large power bank](#) (20,000mAh+ for household backup)
- ☐ [Solar panel charger](#) (optional—limited UK use, but better than nothing)
- ☐ Phone charging cables (USB-A, USB-C, Lightning—whatever your devices need)
- ☐ [Car phone charger](#) (12V adapter high ampage output)
- ☐ All power banks charged to 100% (check monthly)

Heating:

- ☐ [Hot water bottles](#) (2 per person)
- ☐ [Thermal blankets](#)/sleeping bags
- ☐ [Portable gas heater](#) (if budget allows, but definatley a [CO detector](#))
- ☐ [Gas bottles](#) (spare, stored safely)
- ☐ Extra warm clothing (hats, gloves, thermal layers)

Safety:

- ☐ [Smoke alarms](#) (one per floor, tested monthly, battery operated – works when no mains power)
- ☐ [CO detectors](#) (one near gas appliances, one per bedroom if using gas heating)
- ☐ [Fire extinguisher](#) (kitchen, ABC-rated)
- ☐ [Fire blanket](#) (kitchen)

Power and Lighting requirements are covered in chapter 5 of my book:
“[Prepared Not Panicked-The Modern UK Household Guide](#)”